

Year Group/Age Group	Monday	Tuesday	Wednesday	Thursday	Friday
1 <sup>st</sup> Yr/U13	Cricket/Badminton/Gaelic football football	Athletics	Basketball/ Tennis	football	Table Tennis/football
2 <sup>nd</sup> Yr/U14	Cricket/Badminton/Gaelic football	Rugby/Athletics		Basketball/football	Table Tennis
3 <sup>rd</sup> Yr/U15	Cricket/Badminton/football	Hurling/Rugby/Athletics	Basketball/Tennis/Gaelic football	football	Table Tennis/Basketball
TY/U16	Cricket/Badminton	Hurling/Athletics	Basketball/Tennis/Gaelic football	Rugby	Table Tennis/Basketball
5 <sup>th</sup> Yr/U17	Cricket/Badminton	Hurling/Basketball/Athletics	Basketball/Tennis/Gaelic football	Rugby	Table Tennis/football
6 <sup>th</sup> Yr/U19	Cricket/Badminton	Hurling/Basketball/Athletics	Basketball/Tennis/Gaelic football	Rugby	Table Tennis/football

Note: Hurling for 1<sup>st</sup>/2<sup>nd</sup> Year takes place after Christmas. Golf is across all years but is limited to those who are club members with an official handicap.

Athletics will take place across the year depending on county and Leinster events.

1<sup>st</sup> Year Rugby will start with a blitz in October and will follow up from then.